Pakilan yläaste	Heisinki
	Palvelukeskus Helsinki
TUESDAY 5/14/2024	
Lunch	Vegetable and pasta bake L, B, P, E, ♥ Ketchup L, M, G, E Mixed bread L, M, B, P, E, Veg
Lunch	Chili sin carne L, M, G, B, P, E, Veg, ♥ Wholegrain rice L, M, G, B, P, E, Veg, ♥ Ketchup L, M, G, E Mixed bread L, M, B, P, E, Veg

Changes in the menu are possible. Please ask the kitchen staff about allergens, if necessary. Pick up your meals from the kitchen staff if your food allergy involves life-threatening symptoms.