
**Riistavuoren seniorikeskus,
ravintola**

Ravintola Alppiruusu
avoinna klo 08.00 - 17.30.
Aamiainen klo 8.00 - 10.00
Lounas klo 11.00 - 14.00.
Kahvila avoinna klo 17.30 asti.

(09) 310 49245
ravintokeskus.riistavuori@hel.fi
Isonnevantie 28,00320,Helsinki

Helsinki

**Palvelukeskus
Helsinki**

WEDNESDAY 4/2/2025

Lunch	Pulled oat lasagnette L, LL, ♥ Carrot and yellow carrot mix L, LL, M, G, Veg
Lunch	Chili con carne L, LL, M Brown rice L, LL, M, G, Veg, ♥
Soup lunch	Creamy trout soup L, LL, G
Dessert	Lingonberry whisked porridge L, LL, M, Veg

Changes in the menu are possible. Please ask the kitchen staff about allergens, if necessary.

♥ - Heart Symbol - a better choice, L - Lactose free, LL - Low lactose, M - Milk free, G - Gluten free, Veg -
Vegan diet