

TUESDAY 10/22/2024

Breakfast

Four-grain flake and bran porridge LL, L, M, Veg Bread LL, L, M, Veg Egg LL, L, M, G Juice LL, L, M, G, Veg

Lunch

Sautéed game and root vegetables LL, L, M, G Potatoes LL, L, M, G, Veg Cabbage-lingonberry salad LL, L, M, G, Veg Caramel pudding LL, L, G

Snack

potato flatbread LL, L, M, Veg Chickpea spread LL, L, M, G, Veg

Dinner

Cheesy minced chicken soup LL, L, G Raspberry kissel LL, L, M, G, Veg

Supper

Bread LL, L, M, Veg Cheese LL, L, G Tomato LL, L, M, G Yoghurt G Curdled milk and fruit puree LL, L, G Rose hip shake LL, L, G Linseed and dried fruit porridge (Pajala porridge) LL, L, M, Veg

Changes in the menu are possible. Please ask the kitchen staff about allergens, if necessary.

LL - Low lactose, L - Lactose free, M - Milk free, G - Gluten free, Veg - Vegan diet