

TUESDAY 2/4/2025

Breakfast

Rye flake and oat bran porridge L, LL, M, Veg Bread L, LL, M, Veg Turkey cut L, LL, M, G Juice L, LL, M, G, Veg

Lunch

Fried rye and herring patties L, LL, M Dill sauce L, LL, G Potatoes L, LL, M, G, Veg Cabbage-beetroot-apple salad L, LL, M, G, Veg Pineapple kissel L, LL, M, G, Veg

Snack

Rice pasty L, LL Egg butter L, LL, M, G

Dinner

Goulash soup with minced meat L, LL, M, G Caramel pudding L, LL, G

Supper

Bread L, LL, M, Veg Cheese L, LL, G Cucumber L, LL, M, G Yoghurt G Curdled milk and fruit puree L, LL, G Apricot and chocolate shake L, LL, G Linseed and dried fruit porridge (Pajala porridge) L, LL, M, Veg

Changes in the menu are possible. Please ask the kitchen staff about allergens, if necessary.

L - Lactose free, LL - Low lactose, M - Milk free, G - Gluten free, Veg - Vegan diet